



Training courses (excl VAT)

Course no	Course name	Duration	Cost per person
OCCUPATIONAL HEALTH & SAFETY TRAINING			
1	Legal Liability- OHS	1 day	R 1,470
2	Construction Regulations 2014 <i>*Optional: "New Construction Regulations 2014 – An Explanatory guide", Author Johannes Louw, can be included at R430pp</i>	1 day	R 1,470
3	Construction Regulations 2014- the comprehensive explanatory course <i>*Optional: "New Construction Regulations 2014 – An Explanatory guide", Author Johannes Louw, can be included at R430pp</i>	2 days	R 2,940
4	Contractor Management	1 day	R 1,470
5	Accident & Incident Management	1 day	R 1,470
6	Advanced Incident Man	2 days	R 2,940
7	SHE Representative	1 day	R 1,470
8	Health & Safety for Supervisory Staff	2 days	R 2,940
9	The OHS Act – A Holistic Approach	5 – 6 hours (1 day)	R 1,470
10	Hazard Identification & Risk Assessment (HIRA)	1 day	R 1,470
11	Advanced HIRA	2 days	R 2,940
12	GMR 2(1)	1 day	R 1,470
13	SHE Management- The Basics	2 days	R 2,940
14	SHE Management- Comprehensive	2 weeks	R 14,700
15	What to Expect from an OSHA Inspection	1 day	R 1,470
16	OSHA Record Keeping	1 day	R 1,470
17	Lockout & Tag-out Machine Safeguarding	1 day	R 1,470
18	Manual Materials Handling	1 day	R 1,470
19	Introduction to Ergonomics	1 day	R 1,470
20	Ergonomics in the Office	1 day	R 1,470
21	Workplace Emergency Action Plan	2 days	R 2,940
22	Root Cause Analysis	3 days	R 4,410
23	Safe Stacking & Storage	1 day	R 1,470
24	Confined Space Safety	2 days	R 2,940
25	Fall Protection	2 days	R 2,940
26	Exposure Control Blood borne Pathogens	2 days	R 2,940
27	Hearing Conservation Program	2 days	R 2,940
28	Fork Lift Safety	1 day	R 1,470
29	Trenching	1 day	R 1,470
30	Disaster management and Emergency Preparedness	4 days	R 5,880
31	Basic Sling & Inspection (min 15)	1 day	R 1,470
32	Lifting Tackle Inspection (min 10)	1 day	R 2,240
33	Management Technical and Legal Compliance (min 15)	1 day	R 1,740
34	ISO 9001	5 days	R 7,350
35	ISO 14001	5 days	R 7,350
36	OHSAS 18001	5 days	R 7,350

Course no	Course name	Duration	Cost per person
FIRST AID AND FIRE MANAGEMENT			
37	First Aid- Level 1	2 days	R 980
38	First Aid- Level 2	3 days	R 1,150
38	First Aid- Level 1 & 2	4 days	R 1,480
40	First Aid- Level 3	5 days	R 1,690
41	First Aid- Level 1, 2 & 3	5 days	R 1,690
42	Basic Fire Control	1 day	R 790
MINES HEALTH & SAFETY TRAINING			
1	Legal Liability- MHS	1 day	R 1,470
2	OHSAS 18001 for Mining	5 days	R 7,350
3	Introduction to MHS Act	3 days	R 4,410
4	Confined Space Safety for Mining	1 day	R 1,470
5	Risk Assessment for Mining	1 days	R 1,470
6	Advanced Risk Assessment for Mining	2 or 3 days	R 2,940

- The minimum required number of attendants should **at least be 6**. Negotiable.
- First Aid and Fire Management training- **minimum 10 delegates**.
- Any reduction in the number of trainees **10 working days or less** prior to the service will result an invoice to the amount of delegates confirmed 10 working days prior to date of service.
- Any cancellation **10 working days or less** prior to the service will result an invoice of a daily tariff for each day the service would have been provided.
- All attendants will be evaluated and receive a certificate of competency when successfully have passed the course.
- The content of all courses will be provided on your request.
- Any OHS –related course not listed above, can be developed on request of the client.

Other Training

ServiceNo.	Service name	Duration	Price per day
NEBOSH PRE-COURSE ASSESSMENT			
1	Pre-course Assessment ** This pre-course assessment measures a candidate's readiness for NEBOSH examination. Based the results, a gap-analysis is done on all possible short-falls.	1day	On request
2	Pre-Examination Training ** Training on all 13 NEBOSH elements will be available, as well as exam preparation training in order to prepare the candidate for the NEBOSH exam.	**	On request

Services (excl VAT)

ServiceNo.	Service name	Duration	Price per day
SAFETY MANAGEMENT SYSTEM			
1	Safety360 System ** This cloud-based, real-time, fully interactive system is designed for any size organization to assist employers to achieve health & safety requirements at an extreme high level with minimum effort. All SHE requirements and actions are addressed at once by way of this user-friendly and step-by-step system.	**	On request

ServiceNo.	Service name	Duration	Price per day
AUDITING SERVICES			
1	OHS Legal Compliance Audits: On site	**	R 8,800
2	Hazard Identification & Risk Assessments	**	R 8,800
3	Assistance with incident investigations	**	R 8,800
4	ISO 9001 QMS	**	R 8,800
5	ISO 14001 EMS	**	R 8,800
6	OHSAS 18001 (OH&SMS)	**	R 8,800
7	ISO 22001 Food Safety	**	R 8,800
8	MHSA & Regulations, & MW Regulations	**	R 8,800
9	Various SANS Standards	**	R 8,800
CONSULTING			
1	OHS Consulting- any OHS related aspect	**	R 8,800
2	Mines Health & Safety Consulting	**	R 8,800
3	QMS Consulting	**	R 8,800
4	Environmental Regulations Consulting	**	R 8,800
OTHER SERVICES			
1	Legal Compliance Audit: Report Writing	To be determined	R 8,800
2	Hourly rate	As per duration of service	R 1,100
3	Daily tariff: Consultation	1 day	R 8,800
4	Daily tariff: Training: Less than 6 delegates	1 day course	R 8,800

** Size of operation, Audit purpose and Scope determine the number of cost/days/ hours

- All reports will be submitted within 2 weeks from the date of completion of the service. Standard format is electronic. Hard copy can be submitted on request.